

COACHING PREVIEW

The 90-Day Executive Coaching Concierge Program Performing In High-Demand Environments

Why Executive Coaching Can Lead To Greater Impact & Value When It Matters Most!

Mark J. Sullivan, Ph.D. Senior Executive Coach, Int'l Keynote Speaker, Leadership Advisor, Board Director, Author

The Power of Executive Coaching

- Unlocking Potential for Leaders
- Enhancing Decision-Making Skills
- Building Resilience in High-Stress
 Environments
- Fostering Effective Communication and Collaboration
- Achieving Strategic Goals with Confidence





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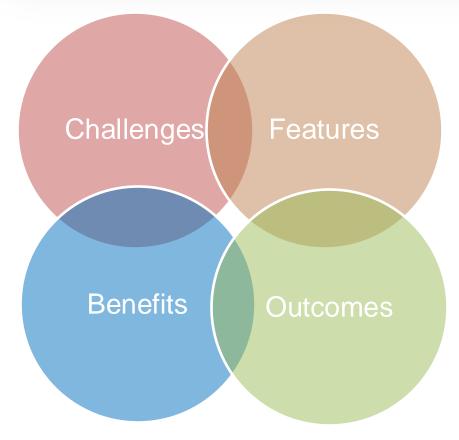
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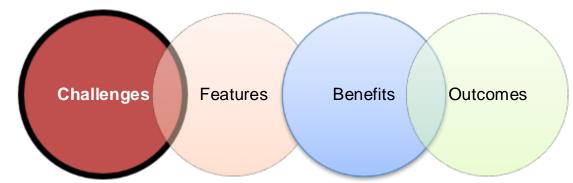
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PURPOSE

Preview the Senior Executive Coaching Concierge Program Addressing Four Areas







Today's Executive Has A Tough Job!

Executive Environment:

- **Speed** to produce results with constrained resources.
- **Hidden Risk** with never-ending changes and mixed signals on direction and (cross) purposes.
- Ever Increasing Expectations with less of a safety net.
- **Tension and Conflict** from multiple perspectives and people; and being misunderstood as the norm.



Being On The Same Page With a Common Understanding Is Easier Said Than Done!

ANGER FRUSTRATION CONFLICT AVOIDANCE

A conversation that does not go well usually ends up in anger, frustration, withdrawal, and/or future conflict avoidance as much as 82% of the time. The frequency of conversational conflict in the American workforce has increased 220% in the last five years.



The Workforce Engagement Study Accenture, 2018





Plan your work and work your plan!

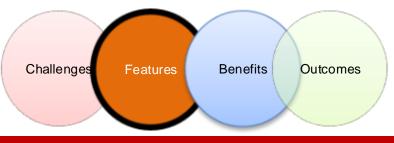
True step-level, performance-based growth is hard and often requires courage and timely outside-in, thoughtful, wellpracticed, evidence-based feedback.

There are multiple steps required in accelerating performance while partnering with a seasoned coach who thoughtfully crafts break-through strategies for maximum impact.

They include:

- > Assessment
- Analysis
- 7-Step Development Process
- Practice & Feedback
- Tools, Support Material

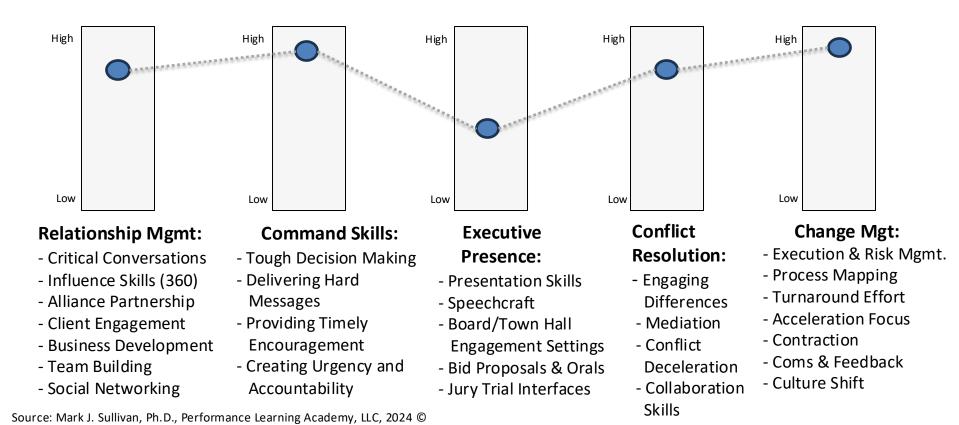


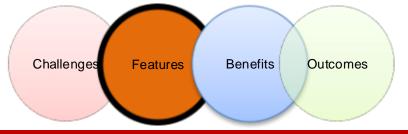


Assess, Analyze, Develop Expertise In Targeted Opportunity Areas!

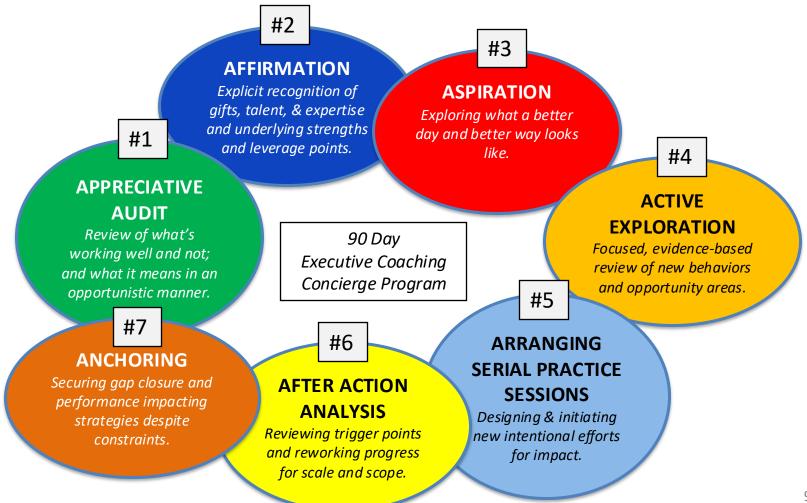
Performance Development Portfolio

Skill Areas Frequently In Demand For Improvement Or Enrichment

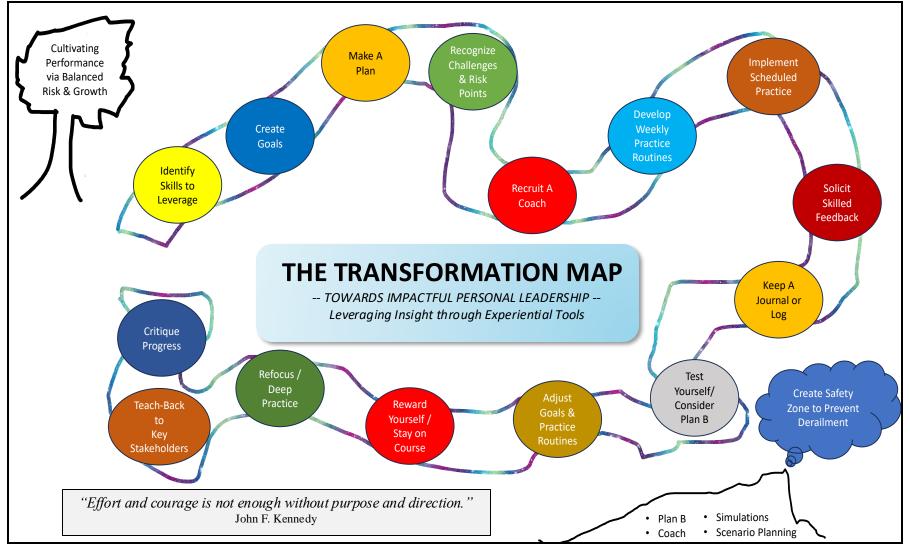




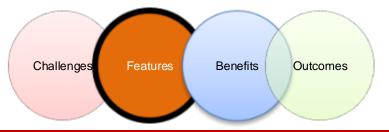
Seven Step Development Process In Accelerating Expertise



A Planning Tool For Performance Development



Source: Mark J. Sullivan, Ph.D., Performance Learning Academy, LLC, 2024 ©

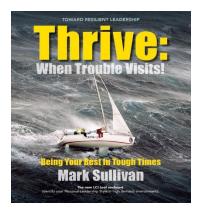


Sample Tools Used In Cultivating Actionable Insights!



SUPPORT MATERIAL

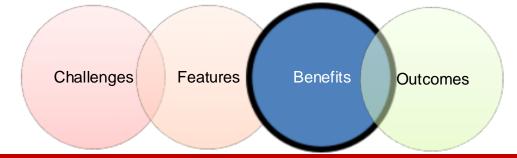
THRIVE Book & LCI Leadership Assessment Tool



• Embedded in the new popular press edition of THRIVE is the acclaimed complementary personal leadership assessment tool, the 12-minute online *Leader Challenge Index* (LCI), with a confidential customized *Feedback Report*.

Order Book & LCI Here:





There is a significant payoff in investing in professional coaching services!

- The American Management Association (AMA) reports that executives that fully embrace a professional, seasoned coach will outperform their peer group by a *two-to-one difference*. They are likely to:
 - produce more significantly at a strategic, operational and revenue level.
 - be more readily positioned to function at an officer or board level.
 - offered larger, pivotal responsibilities.
 - gain accelerated, elevated stature against their executive peer colleagues.

Investment Tip: The best investment you can make is investing in yourself. Warren Buffet

72% of Fortune 50 CEO's have employed a senior executive coach either before or during their first CEO assignment. Accenture State of the CEO Report, 2019 Challenges Features Benefits

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op 3 scr vellow	Performance Factors Eight measures against peer executives with titles including VP, SVP, EVP, GM,	Executive w/ benefit of skilled coaching	Executive w/ NO coaching	Variance Supporting Coach vs.
	President, Owner, or C-level (e.g., Chief Counsel, Chief Marketing Officer, CFO)	Interquartile Range: 0.0-3.0*	Interquartile Range: 0.0-3.0*	No Coach Support
1.	Contributes uniquely differentiated value	Q2.4	Q1.6	0.8 🕇
2.	Accelerates impact and results	Q2.9	Q1.3	<mark>1.6</mark> 🕇
3.	Cultivates strategic relationships	Q2.95	Q1.2	<mark>1.75</mark> 🕇
4.	Both more creative and actionable problem solving	Q2.1	Q.65	0.35 🕇
5.	Resilient under demanding conditions	Q2.5	Q1.9	0.06 🕇
6.	More dependable throughput & output	Q2.7	Q2.5	0.2 🕇
7.	Higher engagement skills w/ workforce and clients	Q3.0	Q1.2	<mark>1.8</mark> 1
8.	Superior oversight of resources, margin and assets	Q2.5	Q2.2	0.3 🕇

* The Interquartile Range or IQR has a formula of IQR = $Q_3 - Q_1$. The IQR gives us a sense of the data's spread around the median, excluding possible <u>outliers</u>. Therefore, the interquartile range is often more informative than the range for datasets that contain outliers. Higher numbers are generally more valued in data sets when seeking performance optimization. Scores are normalized against multiple indexes.

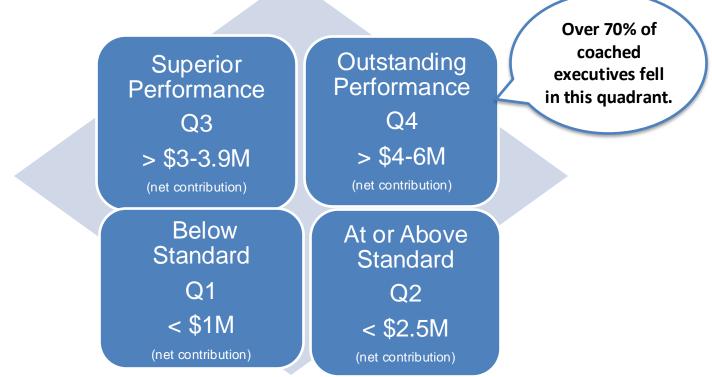
Note: Above IQR scores based on 23 years of endomorphic, qualitative, thematic analysis in a pool of over 50 general managers, senior executives and global functional leads in Dow 30 and Fortune 50 companies under the oversight or peer partnership with Dr. Sullivan.



By Quadrant: Monetized Value of Executive Performance!

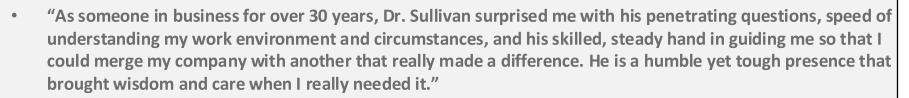
Peers of Equivalent Level In A \$50M Net Revenue Mature, Mid-Market Firm* -- Value Creation Per Annum in Market-Facing Roles –

(At a department or unit contribution level)



* Illustrative - Case example: Market-facing executive pool over 36 quarters in a B2B global line of business environment using finance and human resource performance data.

Mark J. Sullivan Testimonials



A Technology Senior Executive in the Aerospace Industry

• "Mark is a thoughtful, spirited force for good that made me pay attention to what I really needed to do to get promoted into the C-Suite."

A General Manager in a Tier 1 Global Manufacturer

• "Bottom-line, I find you become the best there is by the talent you keep. From my point of view, Mark is such talent. He is a premier coach with loads of experience that helps you to take the necessary steps which will significantly raise your game in making tough calls, sharing hard messages, being more compassionate, assertive and thoughtful when it matters. This is easier said than done, but he seems to pull it off from what I have seen."

A Chief Talent Officer

• A very successful Board colleague of mine that I greatly respect continued to talk about how effective Mark is, so I gave him a call. Without sounding like I'm overstating things; I'd say he is genuinely credible which helped me to change things I was doing in a larger way than I could have ever imagined. In my experience, his strategic questioning, listening, and support got me to a whole new place. I believe he's one of the best there is which is not something I say lightly."

A President of a Life Sciences Company

A select collection of signature organizations that have engaged **Dr. Mark J. Sullivan**

for accelerating performance and impact in demanding times!





Career Highlights:

- International keynote speaker
- Award-winning MBA business school professor
- Senior executive in multiple Dow 30s, Fortune 50, and G1K/ global 1000 companies
- Executive Coach and Board Director
- Author of signature leadership books, journals, and newsletters
- Featured in multi-channel and live media

Education:

- Fitchburg State University, BS
- Harvard University, MA
- Case Western Reserve University, Ph.D.



Mark J. Sullivan, Ph.D. Organizational Psychologist Specializing in cultivating growth and performance in high-demand, high-challenge environments.

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Resilient Leadership | Strategy | Performance Impact

• Contact Mark Sullivan for a complementary consultation on Executive Coaching, Keynote Speaking or Leadership Advisory services at: <u>mark@performancelearningacademy.com</u>

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